



# SUCCESSFUL BUSINESS OWNERS, ENTREPRENEURS, AND LEADERS.

## 8 SIGNS THAT YOU COULD HAVE UNRESOLVED TRAUMA HOLDING YOU BACK.

### CATHY DOMONEY

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### SKILLS

- BA Hons
- PGCE
- DIP CP
- DIP HYP
- Cert Life Coaching
- TRTP Practitioner
- Ho'oponopono Practitioner
- Dip Child Psych
- Dip Adolescent Psych
- ISCA Coach
- IICT Executive Member
- ATLA Founding Member
- Superconscious Mentor
- Badass and fiercely protective of her clients.

### 3 WAYS TO WORK WITH CATHY:

- The Call
- The Elite
- The VIP Immersive

1. You are strong and have been hyper-driven to create extreme success.
2. You have a determined mindset and have minimised your experiences in order to survive them.
3. You are deeply kind and over generous with your time and service.
4. You are profoundly self-reflective and demonstrate radical responsibility over your experience.
5. You have achieved excellence, know that there is more within you, but seem blocked from unleashing it.
6. Despite your immense success you often feel lost, afraid, and sometimes misplaced.
7. Contrary to the evidence rippling through your personal and professional life, you often feel secretly inadequate and know that you have not yet reached your peak.
8. You have dedicated a significant amount of time, energy, and money on your own healing, and yet are still frequently managing triggers and inner turmoil.

THIS CAN CHANGE IN AS  
LITTLE AS 3 SESSIONS.  
SCAN THE QR CODE TO  
FIND OUT MORE.

